

**3 DAY MARRIAGE COUNSELLING COURSE**

**3 DAG HUWELIKS BERADINGS KURSUS**

**Please fill in this form and hand it to the counsellor at least two days before the course commences. You can email it to [marius@mdrtrust.co.za](mailto:marius@mdrtrust.co.za) or fax it to 086 519 4223**

**Vul asseblief hierdie vorm in en oorhandig dit aan die berader, ten minste twee dae voor die kursus in aanvang neem. U kan dit ook epos na [marius@mdrtrust.co.za](mailto:marius@mdrtrust.co.za) of faks aan 086 519 4223**



# SEA SPIRIT COUNSELLING

5 Wesley Street STRAND 7140  
P O Box 1689 GORDON'S BAY 7151  
Tel: 060 5445 260 – Fax: 086 519 4223  
Email: [marius@mdrtrust.co.za](mailto:marius@mdrtrust.co.za) - [www.mdrtrust.co.za](http://www.mdrtrust.co.za)  
Counselling in Afrikaans or English



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**Groom/Bruidegom:**

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**Bride/Bruid:**

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**Address:** \_\_\_\_\_

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**Tel/Cell:** \_\_\_\_\_

**Marriage Date/Huweliks Datum:**

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1. What do you think makes a great marriage and what do you expect from marriage?  
Wat dink u maak 'n goeie huwelik en wat verwag u van die huwelik?

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2. What do you expect from your marriage partner?  
Wat verwag u van u huweliks maat?

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3. How do you see you spending your free time—how much will be time together and how much doing your own thing?  
Hoe sien u sal u vrye tyd bestee – hoeveel tyd saam en hoeveel tyd waar u u eie ding doen?

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4. How do you feel about being faithful in marriage?  
Hoe voel u oor die feit om getrou in die huwelik te wees?

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5. What family traditions are important to you and how much time do you see yourself spending with relatives?



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Welke familie tradisies is belangrik vir u en hoeveel tyd beplan u om met familie te spandeer?

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6. How do you feel about having children and what do you think makes a good parent?  
Hoe voel u omtrent die feit om kinders te hê en wat meen u maak 'n goeie ouer?

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7. How do you feel about saving, debt, and credit and how will you handle our finances?  
Hoe voel u oor spaar, skuld en krediet en hoe sal u u finansies hanteer?

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8. Have you been sexually active and how do you feel about sex?  
Was u alreeds seksueel aktief en hoe voel u oor seks?

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9. How do you think you should share the household chores?  
Hoe voel u moet die huishoudelike take gedeel word?

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10. How often do you drink, gamble, use drugs, view pornography, spend hours on a game or on the computer?

Hoe dikwels drink u, dobbel, gebruik verdowings middels, kyk na pornografie, spandeer ure aan speletjies op die rekenaar?

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11. Have you ever hurt someone physically or emotionally?

Het u al ooit iemand fisies of emosioneel seergemaak?

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12. How do you feel about being married for fifty years?

Hoe voel u daaroor om vir vyftig jaar getroud te wees?

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